# Kevin Yannick Emanuel Strehler PT, DPT, PhD

# University of South Alabama 5721 USA Drive North Mobile, AL 36688 (251)445-9212

kstrehler@southalabama.edu

Education: 08/2013-05/2016	<b>Doctor of Physical Therapy (DPT)</b> , University of Florida, Gainesville, FL. May 3, 2016.
08/2009-08/2013	<b>Doctor of Philosophy (PhD)</b> Biomedical Sciences, concentration in Physiology and Pharmacology. University of Florida, Gainesville, FL. Aug 13, 2013.
01/2005-05/2009	<b>Bachelors of Science (BS)</b> Biology <i>Summa Cum Laude</i> , Minnesota State University Mankato, Mankato, MN. May 8, 2009.
Licensure Information	1:
04/2024-Current	Licensed Physical Therapist, State of Oregon, License# 65224.
02/2024-Current	Licensed Physical Therapist, State of Alaska, License# 220771.
02/2024-Current	<b>Licensed Physical Therapist</b> , State of New Mexico, License# PT-2024-0057.
10/2023-Current	Licensed Physical Therapist, State of Maryland, License# 29677.
03/2023-Current	Licensed Physical Therapist, State of Arizona, License# LPT-32903.
02/2023 -Current	<b>Licensed Physical Therapist</b> , State of Washington, License# PT61382272.
01/2023-Current	Licensed Physical Therapist, State of South Carolina, License# 11730.
11/2022-Current	Licensed Physical Therapist, State of Nevada, License# 5009.
10/2022-Current	Licensed Physical Therapist, State of Texas, License# 1369326.
08/2022-Current	Licensed Physical Therapist, State of Alabama, License# PTH 11004.
12/2017-Current	Licensed Physical Therapist, Sate of Michigan, License# 5501018512.
07/2016-Current	Licensed Physical Therapist, State of Florida, License# PT 31762.
Certifications: 10/2023-Current	Credentialed Clinical Instructor Level 1, American Physical Therapy Association.

## **Employment and Positions Held:**

05/2024-Current Assistant Professor of Physical Therapy, University of South Alabama Mobile AL. Tenure track faculty.

11/2022-04/2024	Telerehab Physical Therapist, ATI Physical Therapy Tele-PT West Hub.
09/2020-11/2022	Multi-Site Clinic Director, ATI Physical Therapy Ann Arbor/Dexter MI.
08/2019-09/2020	Clinic Director, ATI Physical Therapy Ann Arbor MI.
01/2018-08/2019	Staff Physical Therapist, ATI Physical Therapy, Belleville MI.
08/2016-12/2017	<b>Staff Physical Therapist</b> , PT Solutions Physical Therapy, Palm Coast FL.

### Peer Reviewed Publications:

**Strehler, KYE.**, Matheny, M., Kirichenko, N., Sakarya, Y., Bruce, E., Toklu, HZ., Carter, CS., Morgan, D., Tümer, N., Scarpace, PJ. 2016. Onset of Leptin Resistance Shows Temporal Differences Related to Dose or Pulsed Treatment. Eur J Pharmacol. 2016 May 15;779:177-85

Toklu, HZ., Muller-Delp, J., Sakaraya, Y., Oktay, S., Kirichenko ,N., Matheny, M., Carter, CS., Morgan. D., **Strehler, KYE.,** Tumer, N., Scarpace PJ. High dietary fructose does not exacerbate the detrimental consequences of high fat diet on basilar artery function. J Physiol Pharmacol. 2016 Apr;67(2):205-16.

Carter, CS., Khamiss, D., Matheny, M., Toklu, HZ., Kirichenko, N., **Strehler, KYE.,** Tümer, N., Scarpace, PJ., Morgan, D. 2015. Rapamycin Versus Intermittent Feeding: Dissociable Effects on Physiological and Behavioral Outcomes When Initiated Early and Late in Life. The Journals of Gerontology Series A: Biological Sciences and Medical Sciences Jul;71(7):866-75.

Scarpace, PJ., Matheny, M., **Strehler, KYE.**, Toklu, HZ., Kirichenko, N., Carter, CS., Morgan, D., Tümer, N. 2015. Rapamycin Normalizes Serum Leptin by Alleviating Obesity and Reducing Leptin Synthesis in Aged Rats. The Journals of Gerontology Series A: Biological Sciences and Medical Sciences Jul;71(7):891-9.

Matheny, M., **Strehler, KYE.**, King, M., Tümer, N., Scarpace, PJ. 2014. Targeted leptin receptor blockade: role of ventral tegmental area and nucleus of the solitary tract leptin receptors in body weight homeostasis. Journal of Endocrinology 222(1): 27-41.

Marzetti, E., Calvani, R., Dupree, J., Lees, H.A., Giovannini, S., Seo, DO, Buford, T.W., Sweet, K., Morgan, D., **Strehler, KYE.,** Diz, D., Borst, S.E., Moningka, N., Krotova, K., Carter, C.S. 2012. Late-life enalapril administration induces nitric oxide-dependent and independent metabolic adaptations in the rat skeletal muscle. AGE 35(4): 1061-1075.

Scarpace, E.T., Matheny M., **Strehler, KYE.,** Shapiro A., Cheng, K.Y. Tümer, N., Scarpace P.J. 2012. Simultaneous introduction of a novel high fat diet and wheel running induces anorexia. Physiology and Behavior 105(4):909-14.

## Peer Reviewed Scientific and Professional Presentations:

Scarpace P.J., Matheny M.K., **Strehler KYE.,** Tümer, N. 2013. Response to VTA leptin overexpression is partially mediated by leptin receptor activity in the hypothalamus. American Peptide Symposium 2013, Kona, HI. Poster.

**Strehler, KYE.,** Matheny, M.K., Gomez, M., Scarpace, P.J. 2012. Blockade of melanocortin 3/4 receptors does not prevent the reduction of high-fat diet intake during voluntary wheel running. Society for the Study of Ingestive Behavior Meeting 2012, Zurich, Switzerland. Poster.

Shapiro, A., **Strehler, KYE.**, Ryder, D., Tümer, N., Scarpace P.J. 2011. Fructose-induced leptin resistance involves impaired AMPK but intact STAT3 signaling. Obesity Society Meeting 2011, Orlando, FL. & Abstracts of the 19th Annual Meeting of the Society for the Study of Ingestive Behavior (SSIB), 12-16 July 2011, Clearwater, Florida 57, Supplement 1: S40, 2011. Poster.

## Funded/In Review Grant Activity:

Role: Principal Investigator

Direct Costs: \$4516

Title: Validity of Self-Completed Functional Strength Assessment in

Virtual Rehabilitation Practice

Co-investigators: Matthew Hassell, OTD, OTR/L, CHT; Richard Cahanin

IV, PT, DPT, PhD

Funding Period: 2024-2025

Agency: Covey College of Allied Health Profession Collaborative

Research Support Grant

## Current/Active Research Activity:

Role: Principal Investigator

Title: Validation of Still Image Goniometry for Selected Joint Motion

Assessment via Telerehabilitation

Funding: Seeking Foundation for Physical Therapy Research

Role: Principal Investigator

Title: Virtual Delivery of Pelvic-Health Physical Therapy on Urinary Incontinence and Fall Risk in Aged Individuals Lacking Access to Care.

Co-investigators: Shawn Drake PT PhD, Allyson Shea PhD

Funding: Seeking NIH R03

## Membership in Scientific/Professional Organizations:

10/2013-Current American Physical Therapy Association, Member# 652266

Academy of Orthopaedic Physical Therapy American Academy of Sports Physical Therapy

11/2007-Current βββ National Biological Honor Society

### Consultative and Advisory Positions Held:

#### Community Service:

## Services to the University/College/School on Committees/Councils/Commissions:

University-wide

08/2010-08/2011 Graduate Student Council Representative, University of Florida.

School

01/2012-07/2012	College of Medicine Student Advocacy Committee, University of Florida.
Department 05/2024-Current	<b>Department of Physical Therapy Curriculum Committee</b> , University of South Alabama
05/2024-Current	<b>Department of Physical Therapy Admissions Committee</b> , University of South Alabama
05/2024-Current	<b>Department of Physical Therapy Assessment Committee</b> , University of South Alabama
05/2024-Current	<b>Department of Physical Therapy Departmental Committee</b> , University of South Alabama
01/2014-10/2014	University of Florida Department of Physical Therapy/Student Physical Therapy Association Race for Rehab, Co-Chair, University of Florida.
08/2011-08/2013	Interdisciplinary Program in Biomedical Sciences Advisory Board Student Member, University of Florida.
Honors and Awards:	
2022	Clinical Excellence Award-Top 100 clinician for delivery of patient reported outcome measures exceeding predicted recovery, ATI Physical Therapy.
2015	Rolf and Anne Kuhns Endowment for Physical Therapy Scholarship, College of Public Health and Health Professions Department of Physical Therapy, University of Florida.
2013	<b>Course Fellowship,</b> University of Florida College of Public Health and Health Professions.
2009-2012	Alumni Graduate Fellowship, University of Florida College of Medicine.
2009-2001	<b>Dr. Linton E. Grinter Graduate School Fellowship</b> University of Florida College of Medicine.
2008	<b>Donald Brinkman Memorial Scholarship</b> , College of Science Engineering and Technology, Minnesota State University, Mankato.
2008	<b>Biology Department Scholarship</b> , College of Science Engineering and Technology, Minnesota State University, Mankato.
2007	<b>Nor/Am Minnegasco Scholarship</b> , College of Science Engineering and Technology, Minnesota State University, Mankato.
Continuing Education 04/09/2024	<u>Attended:</u> Advanced Musculoskeletal Management of the Distal UE, MedBridge Online (1.5 Contact Hours).
04/09/2024	

04/09/2024	Evidence-Based Treatment of the Elbow, Wrist, and Hand: An Update, MedBridge Online (1.75 Contact Hours).
02/02/2024	Evaluation Strategies for the Pelvic Floor, MedBridge Online (1.5 Contact Hours).
02/02/2024	Functions and Dysfunctions of the Pelvic Girdle and Pelvic Floor, MedBridge Online (1.75 Contact Hours).
02/02/2024	Orthopedic Connections to Pelvic Floor Dysfunction, MedBridge Online (1.75 Contact Hours).
02/02/2024	Treatment Strategies for the Pelvic Girdle and Pelvic Floor, MedBridge Online (1.75 Contact Hours).
02/01/2024	Telehealth for Pelvic Health: Creating Accessibility, MedBridge Online (1.75 Contact Hours).
12/08/2023	Suicide Care for Physical and Occupational Therapists (2023), MedBridge Online (3.5 Contact Hours).
11/03/2023	Evidence-Informed Treatment of Shoulder Impingement Syndrome, MedBridge Online (1.0 Contact Hours).
11/2/2023	Clinical Practice Guidelines for Diagnosis and Treatment of Concussion, MedBridge Online (1.25 Contact Hours).
10/06/2023	Medical Spanish for Rehabilitation Professionals, MedBridge Online (1.0 Contact Hours).
10/06/2023	Preoperative Pain Neuroscience Education for Knees and Shoulders, MedBridge Online (1.0 Contact Hours).
09/27/2023	Foundations of Implicit and Unconscious Bias, MedBridge Online (1.0 Contact Hours).
09/27/2023	The Pain Epidemic and Biopsychosocial Model, MedBridge Online (1.5 Contact Hours).
04/13/2023	Effective Interventions for Lower-Level Patients, MedBridge Online (1.25 Contact Hours).
11/15/2022	Rehabilitation of the Throwing Shoulder, MedBridge Online (1.75 Contact Hours).
11/15/2022	Return to Sport of the Overhead Athlete, MedBridge Online (2.0 Contact Hours).
11/11/2022	Telehealth: Delivering Virtual Interventions, MedBridge Online (1.25 Contact Hours).
11/11/2022	Wheelchair Power Mobility Assessment: Power Seating, MedBridge Online (1.25 Contact Hours).

11/10/2022	Telehealth: Conducting a Virtual Subjective Exam, MedBridge Online (1.25 Contact Hours).
11/10/2022	Telehealth: Performing a Virtual Objective Exam, MedBridge Online (1.5 Contact Hours).
11/07/2022	Telehealth: An Introduction to Virtual Care, MedBridge Online (1.75 Contact Hours).
08/31/2022	Alabama Physical Therapy Practice Act & Rules, Jurisprudence & Ethics, MedBridge Online (2.25 Contact Hours).
07/08/2022	Rehabilitation Research Boot Camp: Errors, Fraud, & Outliers, MedBridge Online (2.0 Contact Hours).
07/07/2022	Hip Arthroplasty: Improving Gait - An Update, MedBridge Online (1.0 Contact Hours).
07/07/2022	Knee Arthroplasty: Increasing Range of Motion - An Update, MedBridge Online (1.75 Contact Hours).
07/07/2022	Shoulder Arthroplasty: Return to Function - An Update, MedBridge Online (1.75 Contact Hours).
06/29/2022	Current Concepts in Joint Replacement: Following Arthroplasty - An Update, MedBridge Online (2.0 Contact Hours).
06/29/2022	The Athlete's Hip: An Update on Athletic Groin Pain (Recorded Webinar), MedBridge Online (3.0 Contact Hours).
06/29/2022	Troubleshooting Difficult Cases in Joint Arthroplasty, MedBridge Online (1.5 Contact Hours).
06/28/2022	Evidence-Based Treatment of the Foot and Ankle: An Update, MedBridge Online (1.25 Contact Hours).
06/19/2022	Social and Cultural Constructs of Pain, MedBridge Online (1.5 Contact Hours).
6/15/2022	Implicit Bias: Strategies to Counter Bias in Clinical Interactions, MedBridge Online (1.0 Contact Hours).
06/06/2022	Differential Diagnosis of Lateral Elbow Pain, MedBridge Online (2.0 Contact Hours).
06/06/2022	Treatment of Lateral Elbow Pain, MedBridge Online (1.5 Contact Hours).
11/28/2021	Vestibular Compensation Exercises and Clinical Resources, MedBridge Online (1.0 Contact Hours).
03/27/2020	Respiratory Muscle Physiology, MedBridge Online (1.5 Contact Hours).
03/25/2020	Dysfunctional Breathing Part 1: Background Information and Assessments, MedBridge Online (1.75 Contact Hours).
	6

03/25/2020	Dysfunctional Breathing Part 2: Intervention Strategies, MedBridge Online (1.75 Contact Hours).
3/23/2020	Management of the Critically III Aging Client with Type 1 Respiratory Failure, MedBridge Online (1.75 Contact Hours).
03/23/2020	Physical Therapist Exercise Treatment of Chronic Lung Disease, MedBridge Online (2.5 Contact Hours).
01/08/2020	Returning the Injured Athlete to Sports: Foot, Ankle, and Orthotics, MedBridge Online (2.5 Contact Hours).
01/08/2020	Returning the Injured Athlete to Sports: New Concepts in ACL Rehabilitation, MedBridge Online (2.0 Contact Hours).
12/05/2019	Returning the Injured Athlete to Sports: Lower Limb, Trunk, and Hip, MedBridge Online (3.0 Contact Hours).
12/04/2019	Foundations of Returning the Injured Athlete to Sports: Muscle Physiology, Strength Training, and Eccentric Loading, MedBridge Online (4.25 Contact Hours).
07/23/2019	Warning Signs and the Perception of Pain, MedBridge Online (2.0 Contact Hours).
	sponsibilities in the Entry-Level Program for Academic Year
Summer 2024	PT633 Musculoskeletal Disorders III, Instructor
	PT635 Musculoskeletal Disorders V, Instructor
Fall 2024	PT634 Musculoskeletal Disorders IV, Course Coordinator
	PT610 Principles of Research and EBP, Instructor
	PT611 Research Proposal, Instructor
Spring 2025	PT631 Musculoskeletal Disorders I, Instructor
-pinig 2020	PT632 Musculoskeletal Disorders II, Instructor
	PT625 Therapeutic Intervention, Instructor
	PT612 Research Project
	PT613 Critical Analysis of Literature